

2020 GPC Canadian Powerlifting Championships

Full Name: _____
Last *First*

Age: _____ **Birthdate:** _____ **GPC #:** _____

Address: _____
Street Address *Apartment/Unit #*

City *Province/State* *Postal Code*

Phone: _____ **Email** _____

Weight Class:

Male	56	60	67.5	75	82.5	90	100	110	125	140	140+
Female	44	48	52	56	60	67.5	75	82.5	90	110	110+

Category:

13-15	16-17	18-19	Junior	Open	Submaster	40-44	45-49
50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89

Competition: First event \$125 (Includes T shirt) additional events \$45 each

Equipped Powerlifting	Raw Powerlifting
Equipped Squat Only	Raw Squat Only
Equipped Bench Press Only	Raw Bench Press Only
Equipped Deadlift Only	Raw Deadlift Only

Military: _____ **T-shirt size:** _____ **Late Fee (\$50):** _____

Amount Enclosed: _____

GPC membership cards are \$45 for all Canadian lifters DUE ANNUALLY (calendar year). If you require a membership contact michellesenger@hotmail.com

All lifters must be in good standing with their countries GPC affiliate.

All entries including monies must be in by March 30, 2020

LATE ENTRY INCLUDE \$50 ADMINISTRATION FEE, NO EXCEPTIONS!

RELEASE FROM LIABILITY: In consideration of the acceptance of my entry form in this powerlifting competition, I intend to be legally bound for not only myself, but also for my heirs, executors, and administrators. In signing this release from liability, I waive and release any and all rights or claims for damages I may have against Global Powerlifting Committee Canada

Signature: _____

Date: _____

Parent/ Guardian (if under 18): _____

PLEASE MAKE ALL CHEQUES PAYABLE TO: South Sask Powerlifters

Email money transfer to: gpccanadapowerlifting@gmail.com

Completed forms go to: Lee Powell 182 Green Meadow Road Regina, SK S4V 0A8

Or emailed to: gpccanadapowerlifting@gmail.com

